

MEET CATHY KENNEDY

Cathy will be playing a key role in the facilitation of this Parish Mission

Cathy Kennedy is the Director of CREDO, the Office for Evangelisation and Renewal for the Archdiocese of Sydney. She is married to Paul, is Mum to some amazing adult foster kids and has a spoilt fluffy dog named Toffee. She is a Catechist and leader of youth music ministry in her parish. Her adult faith life began with an Antioch weekend in 1984. She has been involved in evangelisation and ministry at the parish, school and missionary level for over 25 years.



When do you first remember experiencing God's Love for you?



I first experienced God's Love when I was 8 years old. I had slept in on a Sunday morning and was walking downstairs and this shard of sunlight hit me. I remember thinking how wonderful the world was and how amazing it was to be alive. I also remember thinking that everything was going to be okay. Something terrible happened soon after this so I think it was God's way of reassuring me. Another experience was my first Antioch weekend. Through the love and acceptance of the young people, the talks and prayer opportunities I came to understand that God loved me uniquely and personally. It was this revelation that was to define the rest of my life.

How do you know that Christ is active in your life today?

First of all, through my daily prayer. In the stillness, I am more able to notice God's presence in my life and as I pray the Scriptures, I find that God always seems to have a message especially packaged for me. I also know that He is with me through the love of my husband, the blessing of my children and through the many ways I get to see Him move through my work.

